

**PHYSICAL EDUCATION CHECKLIST GRADES K-1**  
**North Smithfield School Department**

**Student** \_\_\_\_\_ **Class** \_\_\_\_\_

- I use some locomotor skills: walk, run, hop, jump, leap, skip, gallop, and slide. 1.1.2
  
- I know and respond to movement words as I learn. 2.1.1, 2.2.1
  
- I express myself as I explore all physical activities. 3.2.1
  
- I know how exercising can make me healthy. 4.3.1
  
- I am safe, follow all the rules, and treat others in a respectful way. 5.1.1, 5.2.1, 5.3.1